

Name: _____ Learner Number: _____

Centre Name: _____ Centre Number: _____

Learner Work Booklet

for

Bike Maintenance (117893)



This workbook was created by Breaking Cycles CIC in partnership with The Bikeability Trust as part of the widening participation project in 2022.

These resources are free to use and intended to be used, alongside L3 Bikeability training, as part of your alternative curriculum.

(Outcome 7) Name that part.

A bike has many parts and it's a good idea to be able to identify and name some of them so that you can describe what needs to be fixed or replaced.

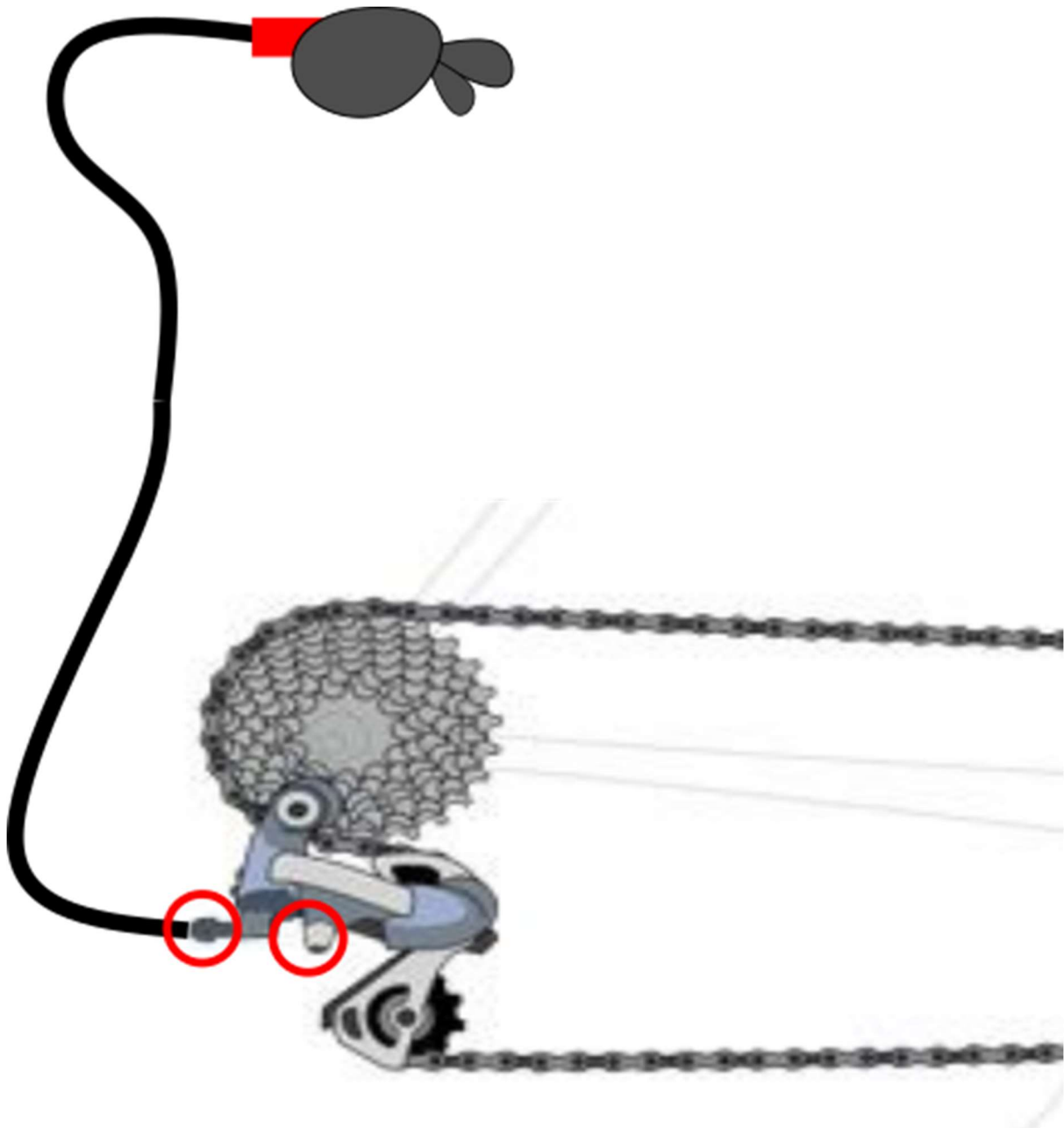
Label the diagram below, naming 10 components.



(Outcome 8) How gears work.

Understanding how your gears work gives you a good chance of being able to solve problems as they occur and make ongoing adjustments to keep everything running well on your bike.

Label diagrams below identifying each part highlighted red and explaining its function.



(Outcome 9) How cable brakes work.

Understanding how your brakes work gives you a good chance of being able to solve problems as they occur and make ongoing adjustments to keep everything running well on your bike.

Label diagrams below identifying each part highlighted red and explaining its function.

