

Name: \_\_\_\_\_ Learner Number: \_\_\_\_\_

Centre Name: \_\_\_\_\_ Centre Number: \_\_\_\_\_

# Learner Work Booklet for Careers in Cycling (117886)



This workbook was created by Breaking Cycles CIC in partnership with The Bikeability Trust as part of the widening participation project in 2022.

These resources are free to use and intended to be used, alongside L3 Bikeability training, as part of your alternative curriculum.

## (Outcomes 4 & 5) Jobs in the Bike/Cycling industry

There are lots of jobs that involve cycling and bikes.

Choose 5 different bike/cycling industry jobs and complete the tables below. The first one is an example of how to fill it in.

<b>Job Title</b>	Cycling instructor (freelance)	<b>Pay</b>	£13 - £20 per hour
<b>Working time</b>	This varies depending on the bookings you receive. You could work up to 50 hrs in a very busy week, but this would include evenings and weekends when people want private lessons. In a quiet week, you may only work for 8 - 16hrs.		
<b>Qualifications</b>	You need to have 1 <sup>st</sup> 4Sport L2 award in instructing cycle training, a first aid qualification, DBS certificate and keep up to date with safeguarding training in order to deliver Bikeability training in schools. Having other coaching and ride leader qualifications is a good idea if you want to do private work and some instructors have Cytech mechanic qualifications so that they can teach people how to maintain their bikes too.		
<b>Skills &amp; Experience</b>	You will need to be a confident cyclist so that you can demonstrate the things you are teaching. To work with people who are learning, you need to be able to get along with people and be good at explaining things and answering questions. Sometimes, you might have to deal with something that goes wrong, like someone getting upset, accidents or members of your group not behaving how you expect them to. It helps if you have experience of other jobs where you work with people.		
<b>Other information</b>	Freelance means that you are self employed and do work for people and companies when they need you. If you are self employed, you need to keep track of what you spend and earn doing your job so that you can work out how much tax you need to pay. Being a freelance cycling instructor is a really flexible job and a lot of freelance instructors do this as well as something else. An instructor might also; be a musician, artist, bike racer, actor/actress or have another job in the cycling/bike industry!		
<b>Job Title</b>		<b>Pay</b>	
<b>Working time</b>			











